

The First Aid Primary Survey

D

Danger

Observe for any dangers to you, the casualty or any bystanders

R

Response

Try and get a response from the casualty. Are they Alert? Do they respond to your Voice or Pressure?

A

Airway

Open the Casualties airway by tilting their head back and lifting their chin skywards

B

Breathing

With the Airway open listen for 10 seconds. Is the Casualty Breathing or Breathing Normally?

C

Circulation

If the Casualty is NOT breathing or breathing normally call 999/112 and commence CPR at a ratio of 30 compressions and 2 breaths -

DO NOT perform rescue breaths if a face shield is not present and there is a risk of COVID-19